Step Safe Services

Make the next step

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Helping children find their feet

Step Safe is perfect for children and young people who are walking independently or with a frame, but have difficulty in negotiating the world around them.

They may find changes in flooring or surfaces problematic to manage. They may be unable to step over or walk around obstructions. Climbing or descending stairs and curbs could be challenging, or they might have difficulty in looking down due to visual impairment or cognitive issues.

Whatever makes your child unsteady on their feet, our Step Safe sessions will improve their walking pattern and teach them strategies to help access new environments. By learning to accept different surfaces and practicing moving around obstacles, children will build their stamina and grow in confidence and ability.

It's all about reducing the need for hoisting by promoting a better attitude towards trying new things and gaining more independence.





Three steps to moving forward



Step 1

Contact us to discuss how we can help.



Step 2

We'll arrange an assessment by our team and with your consent, speak to other professionals.



Step 3

If Step Safe is right, you'll be offered regular sessions with small achievable goals to help your child reach their full potential.